



Newsletter



ISSUE 012

AUTUMN / WINTER 2018 / 19

Brighter Opportunities through Supported Play

Whizzy Woodland Awaydays

Our Whizzy Woodland Awaydays is a Children in Need funded project. The day camps took place at the Thriftwood Scout camp in Brentwood during an amazing summer of sun! Thanks to Children in Need, BOSP were able to give many children an opportunity to experience outdoor activities that they would otherwise not have the opportunity to participate in, including archery, woodland walks, kayaking and wall climbing! We're back at camp a couple of days before Christmas giving parents valuable respite time to finish off their last minute Christmas preparations and shopping.



INSIDE THIS ISSUE:

- Whizzy Woodland Awaydays 1
- Billericay Christmas Market 1
- Panto's 1
- Quiz Night 1
- Carol Singing at BTFC 1
- Community Cinema 1
- Peer Support Coffee Mornings 1
- News & Thanks 2
- Fundraising dates for your diary 3
- Activities & Services 4



Billericay Christmas Market 2nd December

Our great supporters at Richlee Motors are offering a tasty hog roast in return for donations to BOSP, at the Billericay Christmas Market. Why not visit their showroom before/after calling into BOSP's stall which will be held outside Connell's. We look forward to seeing you there!



Pantomimes!

Thank you to Basildon Council for offering 48 free tickets to BOSP families for the Eastgate Theatre's relaxed performance of Snow White on the 10th December.



Thanks also to Brentwood Rotary Club who have offered BOSP families 40 tickets to see the Relaxed Performance of Legend of King Arthur at the Brentwood Theatre on Sunday 16th December. Please call The BOSP Office to book your free place.

These are always such exciting trips for our children who perhaps would otherwise not be able to attend.

QUIZ NIGHT in aid of BOSP Friday 11th January 2019

7.00pm for a 7.30pm start
Courage Hall (Brentwood School)
Middleton Hall Lane Brentwood
CM15 8BD

Tickets only £8 per person from
The BOSP Office - Tables of 8

Your ticket will also include a jacket potato supper with a choice of fillings and a side salad.



A big thank you to the Rotary Club of Brentwood for putting on this quiz in aid of BOSP

For more information or tickets, please contact media@bosp.co.uk or call The BOSP Office

Billericay Town FC - BOSP Carol singing

Along with our friends the Billericay Street Pastors, BOSP will be Carol Singing between 2 - 3pm on Saturday 22nd Dec at the BTFC grounds.



Please come along and join us for a sing-song and festive cheer as we support our favourite Blues.

Billericay Community Cinema



On the 24th Feb 2019, thanks to support from the Billericay Lions and volunteers at the Billiercay Community Cinema, there will be an exclusive showing of Zootropolis. This relaxed performance with lower noise levels, bean bags, refreshments and the option to walk round, is just for BOSP Families. So if you would like to join us again or perhaps try the cinema for the first time, please book with The BOSP Office.

Peer Support Coffee Mornings

As part of the support that BOSP offers we will be holding regular peer support coffee mornings where our families can have a coffee and chat with other families. Our next session is on 28th November from 10am to 12noon at Wat Tyler Park, where Essex Young Carers will be joining us to share how siblings can access free fun opportunities. Please book your place by contacting The BOSP Office.



BOSP are members of the Essex Lottery - have you signed up yet?



@ Brighter Opportunities through Supported Play



@BOSPEssex

Our thanks to the Pioneer School for their continued support



Thanks To Our Most Recent Supporters

The community caring for our community Charity!



A big thank you to supporter Lyndsay for requesting donations in place of birthday presents for her 50th birthday and for organising an beer and boogie night raising a wonderful £911.40 for BOSP!

Congratulations to Taleisha from Willmott Dixon Interiors for making it to the summit of Kilimanjaro with BOSP's Travelling Star and raising a wonderful £475 for BOSP. Big thanks also to Enrique, the members of 852 band and all the team at Willmott Dixon Interiors who took part in 'Construction Rocks'. They raised a wonderful £5981.25 for BOSP and won the award for the band who raised the most money for Charity on the night - amazing!!

Huge thanks to Joe Lane, BOSP's Chair and crew for rowing 21.6 miles in Thames Great River Race to help build awareness and raise money for the BOSP Charity. Just under £400 was raised.



Huge thanks to Humphrey & Scace Solicitors for their donation of a Mirror Will to our Charity Ball silent auction.



Huge thanks to all of the children, young people and staff at St John's School Billericay for choosing BOSP as their Charity of the Year for 2018/19.

Huge thanks to our friends at The Rotary Club of Billericay Mayflower Satellite Club for raising a wonderful £500 for BOSP at their first quiz night!



Thanks to the generosity and support of the Billericay Round Table, over 100 BOSP children and parents were treated to a day at Chessington World of Adventures. We had two coaches full of excited families!

Thank you to Harry's Bar, Billericay for another very successful Sparkling Lunch, lots of fun was had while enjoying a lovely two course meal and a glass of fizz. We raised an amazing £1,000 - big thank you to everyone that attended.



A huge well-done and thank you to George for bravely shaving off his hair in aid of BOSP and raising a truly wonderful £3,717.50 for BOSP. Thank you also to the lovely staff at Vogel Hair in Brentwood for making the event so special.

Charity Of the Year!



We are so pleased to be chosen by bespoke Billericay and Shenfield Jeweller, Russell Lord, as one of his Charities Of The Year. Russell will be auctioning a miniature bejewelled 1976 Mk2 Ford Escort, as featured on the BBC and at the NEC car show. Four local charities will be benefiting from the sale. Thank you Russell!

THE ESSEX

SMILE CENTRE

EST 1968

The Smile Centre, Rayleigh have kindly donated a Teeth Whitening Voucher worth £395 to BOSP as a great prize in our raffle or prize draw.



Charity Of the Year!

Huge thanks to Jane at Bennetts Funerals for Choosing BOSP as their Charity of the Year for 2018. BOSP has received just under £2,500 from the family company and kindly purchased much needed banners for BOSP to use at events.

Payroll Giving!

What is it? Payroll Giving allows you to give directly to BOSP from your salary before tax is deducted. Therefore your donation goes further. So if you wish to donate £10 a month, it will only cost you £8 from your net pay if you are a basic rate tax payer or just £6, if you are a higher rate tax payer. Payroll Giving is easy to set up and you can change your donation at any time by informing your HR department at work. Forms can be downloaded from the BOSP website, under 'Ways to Donate'. Thanks for your support!



Thanks to all of the staff, pupils and parents at Mayflower High School, Billericay who supported the recent 6th Form Raffle which raised a fantastic £695.88 for BOSP.



BOSP relies on fundraising in order to provide its services, so for more information on any of the events below or if you would like to arrange your own fundraiser, please contact The BOSP Office on 01277 624300...we'd love to hear from you!

2nd December 2018 - Billericay Christmas Market

Come join our stall for a really fun and festive family day out. We'd love some help on the day or if you can provide a tombola prize, we would be most grateful.

11th January 2019 - Quiz Night

Come and have fun with some friends at the quiz night, run by our friends at the Rotary Club of Brentwood in aid of BOSP. 7pm for a 7.30pm start, Courage Hall (Brentwood School), Middleton Lane, Brentwood CM15 8BD. Tickets £8 per person from The BOSP Office, tables of 8. Ticket includes a jacket potato supper! (Gluten free and vegetarians can be catered for).

23rd March 2019 - Afternoon Tea - a lovely pre-Mother's Day treat or a chance to catch up with friends and family.

May 2019 - Billericay Fun Walk

BOSP will again be at this great family fundraiser. If you wish to take part in the walk there is a choice of 3 walks; wheelchair and pram accessible and dog friendly - it really is one for all the family. Alternatively, you may wish to visit or help on our tombola stall.

June 2019 - Brentwood Strawberry Fair

Join us once again at this wonderful and fun event. There is so much going on, with dancing, music and entertainment for the whole family.

21st September 2019 - Sparkling Lunch Harry's Bar

What a lovely time we had recently at this years Sparkling Lunch that we have planned in another already for 2019. Two course meal and a glass of fizz – what a wonderful way to spend Saturday afternoon with friends or family.

16th November 2019 - Bicester Shopping Village Trip - 8.00am to 5.30pm

Travelling by coach from Billericay to Bicester to visit Oxford's famous designer outlet shopping village - a great way to start your Christmas shopping or to treat yourself (with a glass of fizz to celebrate your shopping success on the way home). Includes an additional 10% discount voucher booklet to use around the village.

So, how can you help?

- **Volunteer** on a fundraising stall for a couple of hours
- Take part in a **sponsored event** on behalf of BOSP
- Donate **unwanted gifts** new toiletries or toys to our tombola stalls & raffles
- **Attend a BOSP Fundraising event**
- **Download BOSP's A-Z of Fundraising Ideas** from our website and do your own event
- Make a one off or **monthly donation**
- **Business/Corporate Support** - do you or a family member work for a company that has a social committee or a CSR Policy (Corporate Social Responsibility) - do they want to support smaller charities this year?
BOSP currently works with a number of London and National based corporations. Could BOSP help your company fulfil its CSR (Corporate Social Responsibility)?
- **Become a BOSP Trustee** For more information on how you can help us to help more families, please call The BOSP Office on 01277 624300.



Please join up for the Essex Lottery and help raise vital funds for BOSP, whilst being in with a chance of a win for yourself - from just £1 a week. Log onto

<https://www.essexlottery.co.uk/support/bosp-brighter-opportunities-through-supported->

Appeals/Requests

Can you help? We need you!

Do you have time and are able to provide printing for free in return for advertising on our leaflets and social media?

If so please contact The BOSP Office on 01277 624300. Thank you!



Tombola, Prize Draw or Raffle Gifts

Here at BOSP we are always willing to take any unwanted, unused items/gifts off your hands for our tombola stalls and raffles. Please call The BOSP Office on 01277 624300 to find out the best way to get them to us...many thanks!



Activities & Services

The BOSP Office, Union House, Suite 2C, 117 High Street, Billericay, Essex CM12 9AH
Telephone: 01277 624300 Email: enquiries@bosp.co.uk Website: www.bosp.co.uk
Registered Charity No. 1107392 Company No. 5284004



Brighter Opportunities through Supported Play is a registered charity (1107392) which offers support to families by providing short break care for their children and young people with learning and physical disabilities

BOSP offers regular structured clubs at evenings, weekends and school holidays providing fun and exciting activities with social opportunities for children and young people with disabilities aged 4 years and upwards. BOSP aims to develop the children and young people's independence, self-esteem and social skills. BOSP's developmental clubs have a high ratio of experienced staff, enabling us to support children and young people with mild or more complex disabilities, including those with medical needs, limited communication or challenging behaviour.

If you would like further information on BOSP services please telephone 01277 624300, email: enquiries@bosp.co.uk or visit our website: www.bosp.co.uk

BOSP SATURDAY CLUB: 10.00am to 3.30pm (5.5 hours) at the Pioneer School, Basildon

The BOSP Saturday Club is run out of the Pioneer School in Basildon with all its fantastic facilities. Aimed at children and young people aged 4 years+. Activities include sensory rooms and garden, interactive soft play room, craft, bouncy castles and an adventure playground. As well as core activities, each session has a specific theme, such as our Emergency Services Day, where the children get to sit in a fire engine. Most will also have the opportunity to go swimming in the hydrotherapy pool where our trained lifeguards, for the disabled, ensure that the environment caters for the individuals with music and lighting. BOSP also hires highly qualified outside therapists and teachers to provide therapeutic music, dance and sport. The children and young people also have the opportunity to try their hand at cooking and messy play.

COME AND SWIM: 1.30pm to 2.45pm (1 hour 15 minutes) Saturdays and holidays at the Pioneer School, Basildon

Come and Swim enables children to experience swimming in a hydrotherapy pool with their peers, whilst BOSP families get the opportunity to discuss issues that may be of concern with our Family Liaison Worker, such as assessments, schooling, respite and transition from child to adult services.

BOSP LET'S CONNECT CLUB: 10.00am to 3.30pm (5.5 hours) Out & About - various venues

'Let's Connect' is our transition club aimed at young people aged 15+, enabling young people to meet and socialise with their friends in the community. The staff who work alongside the young people are regarded more as peers than carers which helps to foster the young people's social and communication skills, allowing them to practise life skills, such as handling money, decision making or road safety. Events include: Spy Mission Treasure Trail & Pizza lunch, Basildon Sporting Village Climbing Wall & lunch, Crazy Golf & Picnic.

BOSP BOUNCE: Tuesdays 4.30pm to 5.30pm & Wednesdays 7.00pm to 8.00pm (1 hour sessions) at Wickford Trampoline Club

Our trampoline course is aimed at children and young people aged 8+ are a great opportunity to have fun with friends and increase confidence, fitness and muscle strength. Although BOSP staff will be on hand to support along with the disability coach, parents or carers will be required to stay on site for this particular club. However, this is a great opportunity to see your young person's new skills in action.

CHILL ZONE: Saturdays and Sundays at various times and venues.

Chill Zone is Out & About activities for young people 18+ aimed at promoting independence through decision making, social skills and travel. Activities include Adventure Island, Foot Golf, bowling, theatre trips, clubbing and meals out in restaurants. The young people will often make use of public transport, while fully supported by BOSP staff. The young people are encouraged to be as independent as they can possibly be.

BOSP HOLIDAY CLUB/OUT & ABOUT: 10.00am to 3.30pm (5.5 hours) at the Pioneer School/various venues

In order to provide our children and young people with the consistency they need, we mainly use the Pioneer School as our base for our Holiday Clubs and Out & About trips (pick up and collection points may vary depending on the outing). BOSP aims to provide a wide range of stimulating activities during the holiday periods. This is achieved by bringing in experts from different fields to deliver diverse and exciting activities while maintaining our usual Saturday Club favourites such as arts & crafts, swimming, cooking and sports. Recent special events at sessions include dance workshops, pet therapy, puppet shows, football coaching and many more.

WHIZZY WOODLAND AWAYDAYS: 10.00am to 3.30pm (5.5 hours) at the Thriftwood Scout Camp, Brentwood

Children and young people get the opportunity to get some fresh air and try exciting inclusive activities such as water zorbing, kayaking, wall climbing, trikes, woodland walks, sensory sessions and craft in a wonderful woodland setting during Summer, Easter, Christmas and some half term holidays.

Visit our website at www.bosp.co.uk where you can find the schedules and costs for all of our sessions (if you are concerned about payment for sessions, please call The BOSP Office)