



Brighter Opportunities for Special People

THE BOSP STAR

LATEST CHARITY NEWS

BOSP'S LONDON BRIDGES CHALLENGE

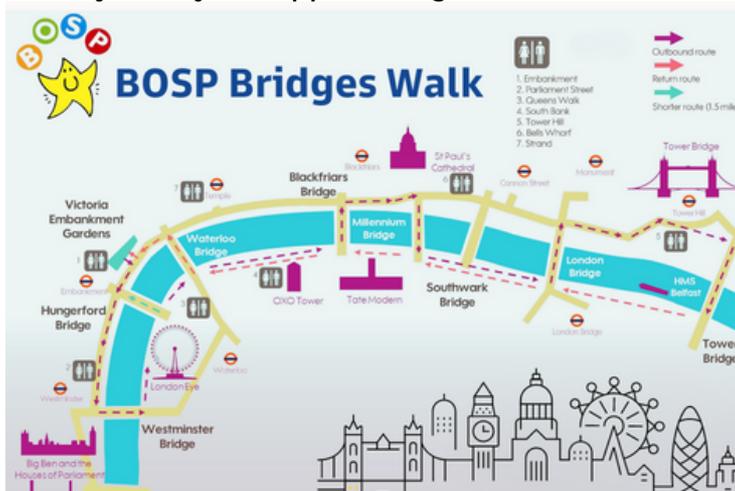


Some of BOSP's lovely workers are taking on the London Bridges Challenge on Sunday 30th April in aid of BOSP!

They are walking over 7 historic London Bridges (which will be a total of 9 miles!) to raise much needed funds for BOSP.

The walk will take them over some of the many bridges crossing the Thames, including famous bridges such as London Bridge, Tower Bridge and Westminster Bridge.

If you would like to support them on this great challenge, please visit Givey fundraising page: <https://www.givey.com/bosplondonbridgeschallenge>
Thank you for your support and good luck team BOSP!



Join us for our Inclusive King's Coronation Fun Day

Complimentary refreshments & Cake

BOSP's Skills for life Centre, Wat Tyler Country Park
(Just before you get to the visitor centre)

6th May
10am - 3pm

Live streaming

Sensory room

Activities

Prize Draw

As recipient's of the Queen's Award, we would love you to join us in celebrating the King's coronation.

The whole family can enjoy the park's Inclusive Adventure Playground, then pop along to enjoy free games and activities including crafts, biscuit decorating, sensory room, face painting, lucky dip and guess the name, and a complimentary refreshments & cake at BOSP.

changing places accessible on site

ASDA Foundation

TRANSITIONING TO ADULT SERVICES

BOSP
Brighter Opportunities for Special People

Wat Tyler Country Park

Family Advocate

Transitioning to adult services is not an easy process, but at BOSP we can help. Kasey, our friendly Family Advocate, can assist you with:

- Obtaining a young person's personal budget
- Improving access to daytime and evening social opportunities
- Improving links with social care
- Increasing parent carers respite
- Accessing BOSP's popular Skills 4 Life day programme

Connect With Us

The BOSP Office, Wat Tyler Country Park, Pitsea Hall Lane, Pitsea, Basildon, Essex S516 4UH
Telephone: 01268 553117 • Email: enquiries@bosp.co.uk • Website: www.bosp.co.uk

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FUNDRAISING NEWS

We rely totally on donations and fundraising in order to provide our services, so for more information on our events or if you would like to arrange your own fundraiser, please contact us on 01268 553117 or community@bosp.co.uk for our Fundraising Pack, we'd love to hear from you! Keep an eye on our website www.bosp.co.uk for all future events or challenges you might like to participate in.

FUNDRAISING IN AID OF BOSP

BICESTER

Thank you to everyone who joined us on the coach for the shopping day to Bicester at the end of October. We had a great day, especially judging by the number of shopping bags on the way home! And between us raised a huge £1,000. Thank you! Come and join us on the coach this year on 28th October, contact community@bosp.co.uk to book your seat.

NOVEMBER LONDON HALF MARATHON

In November, Johnno took on the London Half Marathon in aid of BOSP. It was a very tough course around the Olympic Park, but Johnno completed the course in a fantastic time and raised a brilliant £373 for BOSP. What a great achievement, thank you! And thank you to everyone who supported the event.

BILLERICAY CHRISTMAS MARKET

Thank you to everyone who donated tombola prizes, volunteered their time and visited our renowned tombola stall at the Billericay Christmas Market at the beginning of December. We made a record breaking £964!

MARCH LONDON & BRENTWOOD HALF MARATHONS

Nathan, one of our Support Worker's at BOSP took on the challenge of the London Half Marathon on the 5th March in aid of BOSP, raising a fabulous £555! BOSP Supporter Vanessa took on the Brentwood Half Marathon on the 12th March, completing the course in a very impressive 2 hours 23 mins! What amazing achievements from our runners and thank you to everyone who supported them.

ROTARY VIRTUAL QUIZ IN AID OF BOSP

Our wonderful friends at The Brentwood Rotary kindly hosted a virtual quiz in February, with all the proceeds going to BOSP. Thank you to all the teams that took part, the evening was great fun and raised a wonderful £750!

FUTURE FUNDRAISING EVENTS

BILLERICAY SUMMERFEST

Come and visit BOSP's tombola Stall at the Billericay Summerfest on Sunday 2nd July at Sun Corner Billericay CM12 9LN, it's a really fun family day out and we would love to see you. Please contact the BOSP Office if you have any tombola items to donate or would like to volunteer on the stall.

BOSP SUMMER CHARITY BALL

Come and join us for a great evening at BOSP's Summer Charity Ball on Saturday 22nd July at the lovely Lakes Suite, Warley Park Golf Club, Brentwood. Drinks reception, 3 course meal, auction, raffle and dancing till late, all while raising vital funds for BOSP. Please contact community@bosp.co.uk or call the BOSP office to book your tickets, we would love to have your support for this fun party and very important fundraising event in the BOSP calendar. Tickets are just £49.50pp, £15pp deposit payable on booking.

GIFT AID

Don't forget to Gift Aid it! BOSP can claim a further 25% on your personal donations.



BOSP SERVICES

| Service | Service Description | Location | Day and Time |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------|
| Saturday Club | Social & educational club with one-to-one support for children and young adults 4 to 25-year-olds. Activities include: Hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme. | Pioneer School, Basildon, SS14 2LA | Saturday 10.00am to 3.00pm |
| Let's Connect | The next step on from Saturday Club aimed at Children and young adults 11 to 25 years, who are ready to socialise and learn life skills such as road safety, money handling, budgeting and eating out. Events include bowling, cinema, crazy golf, laser madness and include a meal in a restaurant. | Meet at the Pioneer School, SS14 2LA, then leave for community activities | Saturday 10.00am to 3.00pm |
| Holiday Club | Social & educational club with one-to-one support for 4 to 25-year-olds. Activities include hydrotherapy, sensory rooms, soft play, sports, inclusive gym and wheelchair swing, adventure playground, bouncy castle, crafts with a weekly theme. | Pioneer School, Basildon, SS14 2LA | Summer, Easter, Christmas holidays, and some half terms. 10.00am-3.00pm |
| Whizzy Woodland Away Days & Thriftwood Days | Activity days based in a woodland cabin with one-to-one support, for 8 to 25 years. Children and young people get the chance to enjoy the fresh air and take part in exciting indoor and outdoor activities, including archery, water zorbing, wall-climbing, woodland trails, craft, pizza making, animal therapy, music therapy. | Thriftwood Scout Camp, Brentwood, CM13 2DP | Summer, Easter, Christmas holidays, and some half terms. 10.00am-3.00pm |
| Sibling Day | Further to parent requests our pilot Sibling Day will support young people aged 6 to 16 years. The young people will be split into small groups and take part in age-appropriate outward bounds activities including wall-climbing, forestry skills, 'Demolition', water zorbing, archery and treasure hunts, as well as games, crafts and baking. | Thriftwood Scout Camp, Brentwood, CM13 2DP | 10.00 -3.00pm |
| Holiday Club – Out & About | Providing one-to-one support, BOSP aims to provide a wide range of stimulating social activities out in the community for children 4 years + during the holidays. Activities include Woodland Warriors, Sea Life Centre, farms and zoos. | Various | Various 10am to 3.00pm |
| Family Advocacy | Individual and group support for families whose children are transitioning to adulthood and early years. Support includes advice, signposting, liaising with professionals on behalf of families around, personal budgets, getting a social worker, speech & language, education, transport, specialist equipment etc. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park, SS16 4UH | Various inc. Tuesdays at Tots/Explorers Big BOSP youth club |
| Sensory - Individual | Individual sensory sessions for children and young people whose health needs precludes them from attending a group session or for children who are overwhelmed at being in a group setting. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park SS16 4UH | Tuesday 11.45pm to 12.45pm |

BOSP SERVICES CONTINUED

| Service | Service Description | Location | Day and Time |
|-------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------|
| Chill Zone | Fully supported social club for young adults aged 18 to 25 years, that takes place out in the community. It is aimed at promoting independence, through decision making, social skills and travel. Activities include theme parks, foot golf, theatre, Canal Ability, treasure trails, clubbing and meals in a restaurant. | Various | Saturday evenings and Sundays Various (4 - 6 hours) |
| Skills 4 Life | Educational daytime opportunities for young people aged 16-25 years, providing vital life and social skills to support their transition into adulthood and onto supported living. Activities include healthy eating and keeping active, community volunteering, gardening, travel training, swimming, trampolining, meal planning and preparation, wood turning, visits from RNLI, Air Ambulance, keeping a room clean, learning first aid etc. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park, SS16 4UH | Weekdays (Wednesday, Thursday and Friday in year 1) 9.30am to 3.30pm |
| Big BOSP | A fun youth club for young people aged 15 to 25 years, offering social and learning opportunities, whilst providing parents/carers with evening respite. Activities include board games, quizzes, arts & crafts, treasure hunts, outdoor games, forestry activities, shopping, meal planning and preparation. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park, SS16 4UH | Alternate Tuesday Evenings 4.30pm to 7.00pm |
| After School Club | Working with Castledon School, Wickford, we collect the children aged 11 to 14 years in the BOSP Bus, to join us at the Park. As well as helping the young people with their homework, they're supported to plan and prepare a light evening meal and take part in quizzes, games, arts & crafts, treasure hunts, sports and forestry skills. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park, SS16 4UH | Collect from Wickford Approx. 2.45pm until 7.00pm |
| BOSP Tots | Our inclusive morning baby and toddler group for children up to 4 years and their parent carers/grandparents. It provides peer support and an opportunity to receive help and advice from specialist staff, whilst children learn social skills, fine motor skills, structure and sharing. Activities include themed Tuff trays, messy play, sensory play, adventure playground and snack time. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park, SS16 4UH | Tuesday 10.00am to 11.30am |
| Tots Explorers | Our afternoon inclusive baby and toddler group for families of children aged 4 and under is a great opportunity to meet other parents/carers and receive help and advice from our specialist staff. Play centres around outdoor play and learning, but also includes indoor themed Tuff trays and sensory activities. | BOSP's Skills 4 Life Centre, Wat Tyler Country Park, SS16 4UH | Tuesday 1.00pm to 2.00pm |
| Counselling | An experienced child/family psychotherapist provides either individual, couple or family counselling for parents/carers, siblings or children/young people with a disability. | Virtual or face-to face, Harold Hill RM3 9EN | Various dates and times |



Fun at BOSP



BOSP WOULD LOVE YOUR SUPPORT, TO DONATE PLEASE CLICK OUR STAR HERE



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The BOSP Office

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