



THE BOSP STAR



BOSP

Brighter Opportunities
for Special People

LATEST CHARITY NEWS

NEW AFTER SCHOOL CLUB

We are so pleased to be able to provide a new SEN After School Club for the children at Castledon School.

MUSIC THERAPY

Our Music Therapy sessions are with our qualified music therapist Emily. This person-centred way of working with children with any special need or disability aims to increase their personal skills through the use of instruments and singing.

BRAND NEW BOSP MINI BUS



We are thrilled to have taken delivery of our beautiful new wheelchair accessible 15 seater mini bus. We are now able to offer more places on our out and about activities. We are so grateful to Rotary Club of Brentwood a Becket, The Clothworkers Foundation, The Percy Bilton Charity, Billericay Round Table and Rotary club of Billericay Mayflower for providing the funding towards the vehicle to make our dream bus a reality!



SCHOOL'S OUT



At School's Out we support children who are not in education full-time due to social anxiety, illness or there being no suitable school place available.

BOSP OPEN DAY

Friday 15th July 10am - 1pm

We are delighted to be holding an Open Day at our Skills for Life Centre in Wat Tyler Country Park. We will be proudly showing off our new sensory room and minibus and will be providing tea/coffee and homemade cake. If you would like to attend please contact the BOSP Office on 01268 553117 or community@bosp.co.uk to book your place.

FUNDRAISING NEWS

We rely on donations and fundraising in order to provide our services, so for more information on our events or if you would like to arrange your own fundraiser, please contact us on 01268 553117 or community@bosp.co.uk for our Fundraising Pack, we'd love to hear from you! Keep an eye on our website www.bosp.co.uk for all future events or challenges you might like to participate in.

FUNDRAISING IN AID OF BOSP

At the start of the year BOSP supporter Sandy very kindly asked for donations to BOSP in celebration of her special Birthday, raising a wonderful £1,830! Happy Birthday Sandy and thank you for your wonderful support.

BRENTWOOD HALF MARATHON & FUN RUN

Sarah took on the Brentwood Half Marathon in March in aid of BOSP, completing the race in just under 2 hours! Raising £226 for BOSP. Congratulations on such a brilliant achievement!



BOSP'S SPARKLING LUNCH

Our 77 guests had a fabulous time at our Sparkling Lunch at Harry's Bar on the 26th March. The food was delicious with great service from all the lovely staff. We raised a brilliant £1,733! Thank you Harry's and to everyone who came along we really appreciated your support.



ROTARY VIRTUAL QUIZ - Friday 22nd April 2022 - Our wonderful friends at the Brentwood Rotary ran a virtual quiz in aid of BOSP. Thank you to all the Rotarians for their hard work, it was a really enjoyable evening.



FUTURE FUNDRAISING EVENTS

ICENI PROJECTS CHARITY BIKE RIDE - LONDON2SOUTHEND

On the 20th May our friends at IcenI Projects are cycling from London to Southend, over 50 miles through the Essex countryside all in aid of BOSP! Good luck Team IcenI and if you would like to support this great fundraising effort please visit IcenI's Givey fundraising page [here](#)

BILLERICAY FUN WALK 2022 TO CELEBRATE QUEEN'S PLATINUM JUBILEE

This year the Fun Walk is taking place over the whole of the month of June in celebration of the Queen's Platinum Jubilee. You can walk virtually anywhere and anytime in June, choosing a distance of either 2k or 5k. If you wish to take part in aid of BOSP we would love to hear from you at community@bosp.co.uk or just give us a call on 01268 553117. Visit our website www.bosp.co.uk for more details and sponsorship forms.



BICESTER CHARITY SHOPPING DAY - BOSP Coach Trip to Bicester, Saturday 29th October 2022.

Limited places - to book your seat on the coach, contact community@bosp.co.uk



OTHER WAYS TO SUPPORT BOSP

AMAZON SMILE



This is the same as Amazon, you shop as usual but the difference is that Amazon will donate 0.5% of all qualifying sales to BOSP! Just either download the App or shop on the SmileAmazon website and choose BOSP as your chosen Charity and start shopping, it's that easy!

THE BASILDON LOTTERY & THE ESSEX LOTTERY

Basildon Borough Community Lottery and The Essex Lottery are exciting weekly lotteries that help raise money for BOSP. Tickets cost £1 a week, each ticket has a 1 in 50 chance to win a prize each week with a percentage going to good causes. Remember to choose BOSP as your chosen Charity!



GIFT AID

Don't forget to Gift Aid it! BOSP can claim a further 25% on your personal donations.



BOSP SERVICES

BOSP offers a variety of structured clubs to support different wants and support needs, weekdays, evenings, weekends and school holidays, providing fun and exciting activities with social opportunities for children and young people with disabilities or life-limiting illnesses from birth upwards. BOSP aims to develop the children and young people's independence, self-esteem and social skills. BOSP's developmental clubs have a high ratio of experienced staff, enabling us to support children and young people with moderate or more complex disabilities, including those with medical needs or limited communication. Full care is provided at most clubs unless stated.

For more information please telephone 01268 553117, email: enquiries@bosp.co.uk or visit our website: www.bosp.co.uk

BOSP SATURDAY & HOLIDAY CLUBS (Essex Short Breaks) 10.00am to 3.30pm (5.5 hours) at the Pioneer School, Basildon

BOSP's Saturday & Holiday Clubs are run out of the Pioneer School with all its fantastic facilities. Aimed at children and young people aged 4 years+. Activities include sensory rooms, garden and gym, interactive soft play room, sports, bouncy castles, an adventure playground, arts & crafts and messy play. Most will also have the opportunity to go swimming in the hydrotherapy pool where our trained lifesavers ensure the environment caters for the individuals needs.

BOSP LET'S CONNECT Saturdays 10.00am to 3.30pm (5.5 hours) Out & About - various venues.

Our 'Let's Connect Club' for young people 11+ aimed at enabling young people to meet and socialise with their friends in the community. The staff who work alongside the young people help to foster the young people's social and communication skills, allowing them to practise life skills, such as handling money, decision making and road safety. Events include: Legends gaming, Laser Madness, Base Jump, crazy Golf, all with a meal in a restaurant.

CHILL ZONE Saturdays and Sundays - various times and venues.

Chill Zone is our Out & About club for young people 18+ aimed at promoting independence through decision making, social skills and travel. Activities include Adventure Island, Foot Golf, bowling, theatre trips, treasure trails, clubbing and meals out in restaurants. The young people will often make use of public transport, while fully supported by BOSP Support Workers.

BOSP HOLIDAY OUT AND ABOUT CLUB 10.00am to 3.30pm (5.5 hours) various venues

BOSP aims to provide a wide range of stimulation social activities with full care for children aged 4+ during the holiday periods, including Wat Tyler Country Park, Woodland Warriors, animal workshops, crazy golf, Sea Life Centre, farms and zoos.

WHIZZY WOODLAND AWAYDAYS 10.00am to 3.30pm (5.5 hours) at the Thriftwood Scout Camp Brentwood

Thanks to BBC Children in Need, children and young people aged 8+ get the opportunity to get some fresh air and try exciting inclusive activities such as water zorbing, archery, wall climbing, trikes, woodland walks, sensory sessions, craft, music and animal therapy in a wonderful woodland setting during Summer, Easter, Christmas and some half terms.

FAMILY FUN DAYS various times/dates subject to availability at BOSP's Skills for Life Centre, Wat Tyler Country Park

BOSP is able to offer our Skills for Life building exclusively to our registered families, within the school holidays. Families can book sole use of the centre, with sensory room, interactive whiteboard (which is connected to an Xbox and Nintendo Wii, with games) 5-in-1 games table, arts and crafts and more. With facilities to interest all ages, BOSP siblings and family members can all enjoy use of this inclusive space together, with the help of a BOSP Support Worker on site. It is £15 a session for the whole family. To book a session, please contact bookings@bosp.co.uk.

BOSP SERVICES CONTINUED

SKILLS 4 LIFE

This weekday transition programme is ideal for building up confidence, independence and social skills in young people aged 16 to 25 years with SEN. Sessions take place weekdays term time between 9.30am to 3.30pm and includes food preparation, gardening, travel training, money handling, swimming, wood turning and keeping fit amongst other activities. For further details click on the poster, visit our website at www.bosp.co.uk or contact our friendly team on 01268 553117.



SCHOOL'S OUT

If your child isn't attending school full time, perhaps due to social anxiety, please contact us about our fully supported weekday opportunities to help build up their confidence and resilience. There are also opportunities to book our whole Skills for Life Centre and sensory room for private sessions for you and your child/young person during the week.

BOSP TOTS

Held in our Skills for Life Centre in Wat Tyler Country Park. Every Tuesday 10.00am to 11.30am (1.5 hours) term time. Our inclusive baby and toddler group for families of children aged 4 and under is a great opportunity to meet other parents/carers and receive help and advice from our specialist staff. Activities include messy play, sensory play and group play in the adventure playground.

SENSORY SESSIONS various times/dates subject to availability at BOSP's Skills for Life Centre. Bespoke sessions for children and their parent carers. Sensory rooms can help those with learning difficulties, developmental disabilities or sensory impairments learn to interact with the world around them in a safe environment that builds up their confidence and ability. Interactive sensory rooms can help to engage withdrawn individuals and equipment that focuses on sound can be especially helpful in encouraging vocalisation. Sensory environments can help de-stress and can help children learn to focus in a safe place so they are better equipped to deal with real world environments. We are able to offer individual sensory support sessions during term time, and family sensory support sessions during school holidays £5 per session, per child. If you are interested in booking a sensory session, please contact bookings@bosp.co.uk

MUSIC THERAPY Tuesday 1.30pm - 2.30pm - BOSP's Skills for Life Centre, Wat Tyler Country Park. Emily Grimes is a qualified Music Therapist, trained in the Nordoff Robbins approach to Music Therapy: this music focussed and person-centred way of working with a child who has any special need or disability can increase awareness, help develop motor skills, interaction, and social skills as well as building confidence and self-esteem through the use of instruments, singing and song writing. Sessions at just £5 a child are aimed at small groups to maximise confidence and positive outcomes. Sessions are block booked on a half termly basis, to maximise outcomes.

BIG BOSP

A fun supported youth group for young people aged 15+ offering social and learning opportunities, whilst providing parents/carers with respite. This is a great place to make friends, have fun and improve social communication skills in order to develop independence. Activities include board games, quizzes, arts & crafts, treasure hunts, forestry activities, shopping, meal planning and preparation. A light evening meal/snack is also included which the group will prepare and eat together. We meet every other Tuesday 4.30pm to 7pm at BOSP's Skills for Life Centre. Click on the poster for more details or visit our website www.bosp.co.uk



AFTER SCHOOL CLUB alternate Tuesdays (term time only) - pick up from Castledon School, Wickford until 6.45pm, Wat Tyler Country Park

Our after school club is a great place for young people with SEN to make friends, have fun and improve social communication and life skills in order to develop their independence. Activities include board games, quizzes, arts and crafts, treasure hunts, forestry activities, interactive group gaming and supporting the young people with their homework. A light evening meal/snack is included which the group will prepare and eat together. This club is currently open to pupils of Castledon School, Wickford. Please call BOSP on 01268 553117 to enquire.

FAMILY COUNSELLING

At BOSP we understand how stressful life can be for our families and we are very pleased to be able to offer counselling to our BOSP families. Sessions take place with a professional therapist and last 50 minutes. Parents/carers, siblings and children with a disability can access this service.

We are able to offer these sessions at a heavily subsidised cost. The sessions are mostly held virtually but face to face sessions can also be arranged.



BOSP WOULD LOVE YOUR SUPPORT, TO DONATE PLEASE CLICK OUR STAR HERE



BOSP Brighter Opportunities for Special People

The BOSP Office

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